

STATEMENT OF BELIEFS OF
THE COLLEGE OF REGISTERED PSYCHIATRIC NURSES OF MANITOBA

1. Each person has inherent dignity and worth.

Each person is a unique individual with physical, emotional, intellectual, social, and spiritual facets which are influenced by internal and external forces.

Each person is a dynamic being who adapts functionally through dependent, interdependent, and independent means to achieve quality of life.
2. Society is a dynamic group of people sharing values and beliefs that guide their interactions with each other and with their environment.

Individuals are influenced by, and have impact on, the socio-cultural and environmental forces of the society in which they participate.

The health and mental health of each individual in a society determines the overall health and functioning of that society.
3. "Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity." (World Health Organization, 1988)

Health is dynamic and is influenced by lifestyle, environment, occupation, relationships, and stressors.

Mental Health is a state of well-being in which a person is able to function comfortably within the society and in which his or her personal achievements and characteristics are satisfactory to him or her.

Therefore, the individual's psychological, physical, social, and spiritual well-being must be protected, promoted, restored, and preserved.
4. Psychiatric Nursing, is a distinct profession which provides services to individuals whose primary care needs relate to mental and developmental health issues.

Psychiatric Nursing focuses on the influence of psychosocial factors upon health, while committed to the protection, promotion, restoration, and maintenance of health.

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