

Innovations in Mental Health and Addictions Learning Series

Presentation Schedule

In the spring of 2018, the Ministry of Health, Seniors and Active Living released *Improving Access and Coordination of Mental Health and Addictions Services: A Provincial Strategy for all Manitobans*. Arising from those recommendations were 33 initiatives valued at more than \$50.8 million to improve mental health and addictions services in Manitoba. To highlight those initiatives and other projects taking place throughout the province, we are pleased to present the *Innovations in Mental Health and Addictions Learning Series*. These webinars will provide a platform to promote evidence-based alternatives, overall system collaboration and knowledge sharing.

Wednesday, June 1, 2022 • 1 PM Thrive Kits™

A partnership between Manitoba Advocate for Children and Youth and the Canadian Mental Health Association, Manitoba and Winnipeg. Thrive Kits™ are shoebox sized kits that students fill with small, meaningful items as they complete classroom challenges and activities throughout the school year. Activities are focused on mental health promotion; these daily practices protect and promote mental well-being of youth ages 8-12.

Presenter:

- Shelby Davidson, Thrive Kits Project Lead

Go-to-Webinar registration:

<https://register.gotowebinar.com/register/7206829651479770382>



Wednesday, June 15, 2022 • 1 PM ECHO (Extension for Community Healthcare Outcomes)

ECHO is a well-established information sharing and community building model developed by the University of New Mexico that leverages a virtual platform to connect an expert “hub” panel with care providers across broad physical distances. It provides the opportunity for case-based learning and mentorship using a hub and spoke approach, with the ultimate goal of expanding the capacity of community providers to treat complex medical and mental health concerns in their communities. The pilot ECHO for Mental Health and Addiction in Manitoba has now run three ECHO series on the topics of Eating Disorders, Substance Use Disorders, and Emergency Mental Health and Addiction, providing learning opportunities to care providers throughout the province.

Presenters:

- Dr. Erin Knight, MD, CCFP(AM), CISAM, Interim Medical Director, AFM
- Dr. Krystal Thorington, Mental Health ECHO lead

Go-to-Webinar registration:

<https://register.gotowebinar.com/register/3307299513386190862>



The Innovations in Mental Health and Addictions Learning Series will take a break over the summer but returns in the Fall to showcase several exciting projects making an impact in the lives of Manitobans. Details on the upcoming presentations will be posted to afm.mb.ca/mhlearningseries.

If you missed one of our previous presentations or would like to view a presentation again, they can all be found at afm.mb.ca/mhlearningseries.

Thank you to all of our presenters and their respective organizations for helping to spread word of these important projects. As well, thank you to everyone who has attended the presentations and helped to make the Learning Series a success.

