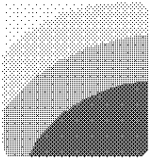


If you wish to be removed from our fax list please call (855-573-1982)



CTRI
CRISIS & TRAUMA
RESOURCE INSTITUTE

HOW TO REGISTER:

WEB: www.ctrinstitute.com
PHONE: 204-452-9199
FAX: 204-475-2920
MAIL: 1-710 Westminster Ave
Winnipeg, MB
R3G 1E6

IN-PERSON TRAINING OPTIONS!

Actively engage with trainers and other participants.

Certificate in Responding to Trauma and Grief

For Indigenous Communities and Organizations

WINNIPEG, MB	EARLY RATE
April 22-26, 2024	\$2,299
	REGULAR RATE
	\$2,499

Join us for an enriching five-day program that weaves together Indigenous and Western knowledge to provide a two-eyed seeing understanding of trauma and grief. Two co-facilitators will share their wisdom and expertise to provide a relational approach to providing meaningful support.

Some of the Topics Include:

- Understanding Clinical and Cultural Approaches to Healing
- Building Self-Awareness of the Impact of Working With Trauma
- Intergenerational Impacts of Trauma
- Reconnection and Resilience
- Exploring the Impacts of Grief and Loss
- The Role of Sharing on the Healing journey

Certificate in Trauma Counselling and Support

WINNIPEG, MB	EARLY RATE
August 12-23, 2024	\$2,950
	REGULAR RATE
	\$3,250

This program provides a variety of evidence-based counselling strategies for trauma counselling. Participants will learn skills for establishing safety and self-regulation, dealing with flashbacks and other post-traumatic symptoms, healing through body-oriented strategies, and promoting resilience.

Some of the Topics Include:

- Empathy – A Vicarious Experience
- Building Self-Awareness of the Impact of Working With Trauma
- The Impact of Trauma on the Body and Brain
- Safety and Stabilization
- Body-Oriented Counselling Approaches
- Tracking Body Sensations and Movement
- Preparing for a Group Debriefing
- Building a Trauma-Informed Culture