



the learning plan – sample

Membership Year _____

ASSESSMENT	PLANNING	INTERVENTION	DATE	EVALUATION
What did you assess you needed? Was it knowledge, skills or both? State your learning objective:	What kinds of things <i>could</i> you do to meet your learning objective?	What kinds of things <i>did</i> you do to meet your learning objective?		Were you able to meet your objective? What is the impact to your practice?
<p><i>Example 1:</i></p> <p>January 1/02 I ncrease my knowledge of the atypical antipsychotic medications, clinical indications and side effects.</p>	<ul style="list-style-type: none"> • I nternet research • presentations put on by the pharmaceutical companies • referencing a pharmacological text • discussion with colleagues 	<ul style="list-style-type: none"> • began to gather and read printed materials about the second generation antipsychotics • attended a presentation put on by one of the drug companies • spoke with the resident psychiatrist about clinical indications (how they choose) between the different atypicals 	<p>March 7</p> <p>May 19</p> <p>July 8</p>	<ul style="list-style-type: none"> • objective was met • I understand why a particular medication is chosen and I am able to provide my clients with appropriate teaching about their medications
<p><i>Example 2:</i></p> <p>January 1/02 I ncrease my knowledge and the skills needed in addressing boundary issues in the therapeutic relationship.</p>	<ul style="list-style-type: none"> • researching references about boundaries • incorporating interventions re: boundaries into client care plans where needed • discussion with colleagues 	<ul style="list-style-type: none"> • began to gather and read printed materials about boundaries • discussed with another RPN skills in setting limits and defining boundaries • worked with a client to address boundary issues and included the interventions in the care plan 	<p>March 7</p>	<ul style="list-style-type: none"> • knowledge of boundaries increased but still not comfortable setting limits and defining boundaries in my relationships with clients
<p>March 7/02</p> <p>Revised learning objective: I ncrease my skills in addressing boundary issues in the therapeutic relationship</p>	<ul style="list-style-type: none"> • providing a presentation to my peers about boundaries based on my research of the topic • role playing exercises to practice skills based on the research and increased knowledge • continued practice in defining boundaries and setting limits with clients 	<ul style="list-style-type: none"> • did a presentation to my peers about boundaries that included a role playing activity to practice the skills • did a second role playing exercise at the request of my peers which allowed for further practice • worked with a client to address boundary issues in the therapeutic relationship 	<p>July 5</p> <p>July 30</p>	<ul style="list-style-type: none"> • I feel increasingly comfortable in defining boundaries and setting limits with my clients and my co-workers have given me feedback to suggest an improvement in this area • I feel more confident in setting limits • Objective met