## Innovations in Mental Health and Addictions Learning Series

To highlight the many mental health and addictions projects and initiatives taking place throughout the province, we are pleased to present the Innovations in Mental Health and Addictions Learning Series. These webinars will provide a platform to promote evidence-based alternatives, overall system collaboration and knowledge sharing.



## Thursday March 21, 2024 • 10 AM

Connecting Culture with Healthcare: Healing Through Holistic Wellness Programming

Join us for a presentation on how staff have been incorporating culture through wellness programming in our Community at the Churchill Health Centre. Holistic Wellness programming within the healthcare system is a newer approach to combining traditional ways of healing with westernized healthcare. Their programming aims to destigmatize access to physical, mental, spiritual, and emotional health. The presentation will provide an overview of the programming they have been offering through the Medicine Water Women's Program.

Date: Thursday, March 21 – 10 a.m. to 11 a.m.

Registration: https://attendee.gotowebinar.com/register/1071776884811319644

**Presenters**: Amelia Madziak – Director Northern Community Health Services, CHC-WRHA and Antonina Kandiurin – Women's Group Leader, CHC-WRHA

For further information on upcoming sessions and how to register, please see <a href="https://https://html.ca/services/mental-health-and-addictions/innovations-in-mha-learning-series/">https://https



