REGISTER NOW!

Staff Wellness &
Health Booster Session
May 2024
Accessible
Employment



In recent years, we've all faced workplace, home, and social life adjustments, which can be overwhelming.

To support health system workers, Mental Health and Addictions, Shared Health, has organized Staff Wellness and Health Booster Sessions featuring timely topics like stress management and self-care, designed to fit busy schedules, with recorded sessions available as a <u>streaming video on demand</u>.

Session Description

Join us for a brief overview of the <u>Accessibility Act for Manitobans</u>, and how it supports employees with disabilities. The Act consists of five standard building blocks for making real, measurable and effective changes to accessibility. Each standard outlines specific requirements and timelines for organizations that have a responsibility to comply with The Accessibility for Manitobans Act.

Presenter

Gayle Hryshko is the Manager of Organizational Projects for Shared Health. Prior to this, Gayle spent many years in the WRHA Occupational and Environmental Safety and Health (OESH), developing and managing their Disability Management Program, as well as the Provincial Healthcare Violence Prevention Program. Gayle was the Executive Director of Regional Health Authorities of Manitoba, a precursor to the establishment of Shared Health. Gayle's educational background includes degrees in Social Work and Psychology, and certificates in Health Services Management, Human Resources Management, and Management Development.

Session Dates

Live Session: Tueday, May 7, 12 p.m.



Rebroadcasts:

Friday, May 10, 3 p.m. Sunday, May 12, 8 p.m. Tuesday, May 14, 12 p.m.



